

Curriculum Proposal Cover Sheet – Program/Degree/Certificate

Routing procedure – Official Signatures on Signature Page

Program Name: HSER

or
Course Alpha & Number: HSER 365

Author: Charlie Schlatter / Lee Stein

Proposal Type:

- Addition
- Modification
- Deletion

Date of Activity:

[Signature] Author Signature

[Signature] Curriculum Representative Signature

_____ Department Chair Signature

_____ Curriculum Chair Signature

_____ Proposals Posted in Website for General Review

_____ Academic Senate Chair Signature

_____ Chief Academic Officer Signature

[Signature] Chancellor Signature

_____ NEW DEGREES ONLY! Chief Academic Officers Approval

_____ NEW DEGREES ONLY! Board of Regents Approval

_____ Signature Sheet Returned to Curriculum Chair

Distribution, Posting and Follow-Up:

_____ Notify Proposers of Approval

_____ Banner & IRO Input

_____ Catalog Input Complete

_____ Articulation Forms Forwarded to Articulation Coordinator

_____ Five-Year Review Database Updated

_____ Originals Filed in Chief Academic Officer's Office

_____ Registrar & Counseling Notified

University of Hawaii Maui College
HSER 365 - Motivational Interviewing

1. Course Alpha. Please click on the ? to the right for help.

HSER

2. Course Number. Please click on the ? to the right for help.

365

3. Course Title/Catalog Title. Please click on the ? to the right for help.

Motivational Interviewing

4. Number of Credits. Please click on the ? to the right for help.

3

5. Contact Hours/Type. Please click on the ? to the right for help.

- Hour lecture (3)

6. Course Description. Please click on the ? to the right for help.

Introduces the theoretical basis of Motivational Interviewing. Focuses on developing skills and strategies for using the model in diverse contexts (community agency settings, mental health and health care clinics) and across diverse behavioral issues (addictions and mental health, healthy lifestyle behaviors, chronic disease).

7. Pre-Requisites. Please click on the ? to the right for help.

~~HSER 140 and ENG 100, or consent~~
ENG 100 Composition I (or higher); OR consent
HSER 140 Intro Counsel & Interview; OR consent

HSER 140 and ENG 100 both with grade C or better; or consent.

8. Co-requisites.

9. Recommended Preparation.

10. Is this a cross-listed course? Please click on the ? to the right for help.

NO

11. Reason for Proposal. Why is this course being proposed or modified? This question requires specific information as part of the explanation. Please click on the ? to the right for help.

Expand upper division program course offerings and best practice modality for enhancing behavioral change.

12. Effective Semester and Year. For new or modified courses, the effective year is one year from the semester proposed. For example, if proposed in Spring 2012, the effective semester is Spring 2013. Please click on the ? to the right for help.

Fall 2013

13. Grading Method. What grading methods may be used for this course? Please click on the ? to the right for help.

- Standard (Letter,Cr/NCr,Audit) (0)

14. Is this course repeatable for credit? How often can this course be counted toward a degree or certificate? Please click on the ? to the right for help.

NO

15. Course Student Learning Outcomes (SLOs). DO NOT ENTER TEXT IN THE TEXT BOX BELOW. Click on the yellow button "COURSE LEARNING OUTCOMES" and enter in that screen. Please click on the ? to the right for help.

Course SLO/Competency	Comprehend the spirit and principles of Motivational Interviewing	Describe ways to elicit change talk, respond to resistance, and generate commitment to behavior change.	Apply the four step process of Motivational Interviewing for motivating change in practice interviews.	Integrate use of self in the context of Motivational Interviewing in a culturally sensitive manner.
Identify and apply the spirit and principles of MI	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>
Explain the Stages of Change Theory and determine sample client stages and matched strategies	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Demonstrate counseling skills and strategies essential to building motivation to change	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Course SLO/PSLO	Develop interpersonal skills that build appropriate, collaborative, respectful relationships with fellow students, clients and professionals in the community.	Demonstrate the attitudes, skills and knowledge of best-practice strategies across a variety of populations in diverse human service settings.	Identify vulnerable populations and the social conditions that contribute to their vulnerability and consider advocacy strategies to help alleviate those conditions.	Develop self-awareness of personal values, interpersonal styles, strengths and challenges that influence the development of professionalism.
Identify and apply the spirit and principles of MI	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Explain the Stages of Change Theory and determine sample client stages and matched strategies		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Demonstrate counseling skills and strategies essential to building motivation to change	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

16. **Course Competencies.** DO NOT ENTER TEXT IN THE TEXT BOX BELOW. Click on the yellow button "COURSE COMPETENCIES/ISSUES/SKILLS" and enter text in that screen. Course competencies are smaller, simpler tasks that connect to and facilitate the SLOs.

Competency
Comprehend the spirit and principles of Motivational Interviewing
Describe ways to elicit change talk, respond to resistance, and generate commitment to behavior change.
Apply the four step process of Motivational Interviewing for motivating change in practice interviews.

Integrate use of self in the context of Motivational Interviewing in a culturally sensitive manner.

17. **Recommended Course Content and Timeline.** The course content facilitates the course competencies. Course content may be organized by weeks, units, topics or the like.

Content

2-5 weeks: Spirit and principles of Motivational Interviewing
 1-6 weeks: Skills and strategies of Motivational Interviewing
 1-3 weeks: Exploration of use of self in Motivational Interviewing consistent style
 2-6 weeks: Apply the four step process of Motivational Interviewing for motivating change in practice interviews

18. **Program Learning Outcomes.** DO NOT ENTER TEXT IN THE TEXT BOX BELOW. Click on the yellow button "PLOs" and enter text in that screen. Program Student Learning Outcomes (PLOs) supported by this course. If you are not a "program" use the Liberal Arts PLOs, view them by clicking on ? icon to the right.

Program SLO

Develop interpersonal skills that build appropriate, collaborative, respectful relationships with fellow students, clients and professionals in the community.
 Demonstrate the attitudes, skills and knowledge of best-practice strategies across a variety of populations in diverse human service settings.
 Identify vulnerable populations and the social conditions that contribute to their vulnerability and consider advocacy strategies to help alleviate those conditions.
 Develop self-awareness of personal values, interpersonal styles, strengths and challenges that influence the development of professionalism.

19. **College-wide Academic Student Learning Outcomes (CASLOs).** FIRST, fill out the CASLO grid located in the UHMC tab above. Click on the HELP icon for tips on determining support for the CASLOs and indicate your choices below by clicking on the box in front of each supported CASLO. NOTE: Our campus does not use the Preparatory Level, Level 1 and Level 2 designations in the chart below.

<input checked="" type="checkbox"/>	Creativity - Able to express originality through a variety of forms. <input checked="" type="checkbox"/> Preparatory Level
<input checked="" type="checkbox"/>	Critical Thinking - Apply critical thinking skills to effectively address the challenges and solve problems. <input checked="" type="checkbox"/> Preparatory Level
	Information Retrieval and Technology - Access, evaluate, and utilize information effectively, ethically, and responsibly.
<input checked="" type="checkbox"/>	Oral Communication - Practice ethical and responsible oral communications appropriately to a variety of audiences and purposes. <input checked="" type="checkbox"/> Preparatory Level
	Quantitative Reasoning - Synthesize and articulate information using appropriate mathematical methods to solve problems of quantitative reasoning accurately and appropriately.
	Written Communication - Write effectively to convey ideas that meet the needs of specific audiences and purposes.

GenED SLO

Creativity - Able to express originality through a variety of forms.
 Critical Thinking - Apply critical thinking skills to effectively address the challenges and solve problems.
 Oral Communication - Practice ethical and responsible oral communications appropriately to a variety of audiences and purposes.

20. **Linking.** CLICK ON CHAIN LINK ICON IN UPPER RIGHT HAND CORNER TO BEGIN LINKING. Please click on the ? to the right for help.

21. Method(s) of delivery appropriate for this course. Please click on the ? to the right for help.

- Classroom/Lab (0)

22. Text and Materials, Reference Materials, and Auxiliary Materials. Please click on the ? to the right for help.

- David B. Rosengren. Building Motivational Interviewing Skills: A Practitioner Workbook. The Guilford Press, 2009, 978-1-60623-299-6.

23. Maximum enrollment. Please click on the ? to the right for help.

20 due to the pedagogy and skills practice nature of the class.

24. Particular room type requirement. Is this course restricted to particular room type? Please click on the ? to the right for help.

YES
Moveable chairs, computer, projector, sound.

25. Special scheduling considerations. Are there special scheduling considerations for this course? Please click on the ? to the right for help.

YES
Evening classes to accommodate professional and working students.

26. Are special or additional resources needed for this course? Please click on the ? to the right for help.

Computer, projector, screen, DVD player, sound, internet capacity

27. Does this course require special fees to be paid for by students? Please click on the ? to the right for help.

NO

28. Does this course change the number of required credit hours in a degree or certificate? Please click on the ? to the right for help.

No.

29. Course designation(s) for the Liberal Arts A.A. degree and/or for the college's other associate degrees. Please click on the ? to the right for help.

Degree	Program	Category
Associate in Arts:	Liberal Arts	IN - Human Understanding: The Individual LE - Elective
AS:	Human Services - All	PE - Program Elective
AAS:	ANY	Other
BAS:	ANY	Other
Developmental/ Remedial:		

30. Course designation(s) for other colleges in the UH system.

None.

31. Indicate the year and page # of UHMC catalog referred to. For new or modified courses, please indicate the catalog pages that need to be modified and provide a sheet outlining those changes.

New catalog pgs. 125-6

32. College-wide Academic Student Learner Outcomes (CASLOs). Please click on the HELP icon for more information.

Standard 1 - Written Communication Write effectively to convey ideas that meet the needs of specific audiences and purposes.		
Outcome 1.1 - Use writing to discover and articulate ideas.		2
Outcome 1.2 - Identify and analyze the audience and purpose for any intended communication.		2
Outcome 1.3 - Choose language, style, and organization appropriate to particular purposes and audiences.		1
Outcome 1.4 - Gather information and document sources appropriately.		1
Outcome 1.5 - Express a main idea as a thesis, hypothesis, or other appropriate statement.		1
Outcome 1.6 - Develop a main idea clearly and concisely with appropriate content.		2
Outcome 1.7 - Demonstrate a mastery of the conventions of writing, including grammar, spelling, and mechanics.		1
Outcome 1.8 - Demonstrate proficiency in revision and editing.		1
Outcome 1.9 - Develop a personal voice in written communication.		3
Standard 2 - Quantitative Reasoning Synthesize and articulate information using appropriate mathematical methods to solve problems of quantitative reasoning accurately and appropriately.		
Outcome 2.1 - Apply numeric, graphic, and symbolic skills and other forms of quantitative reasoning accurately and appropriately.		0
Outcome 2.2 - Demonstrate mastery of mathematical concepts, skills, and applications, using technology when appropriate.		0
Outcome 2.3 - Communicate clearly and concisely the methods and results of quantitative problem solving.		0
Outcome 2.4 - Formulate and test hypotheses using numerical experimentation.		0
Outcome 2.5 - Define quantitative issues and problems, gather relevant information, analyze that information, and present results.		0
Outcome 2.6 - Assess the validity of statistical conclusions.		0
Standard 3 - Information Retrieval and Technology. Access, evaluate, and utilize information effectively, ethically, and responsibly.		
Outcome 3.1 - Use print and electronic information technology ethically and responsibly.		0
Outcome 3.2 - Demonstrate knowledge of basic vocabulary, concepts, and operations of information retrieval and technology.		0
Outcome 3.3 - Recognize, identify, and define an information need.		0
Outcome 3.4 - Access and retrieve information through print and electronic media, evaluating the accuracy and authenticity of that information.		0
Outcome 3.5 - Create, manage, organize, and communicate information through electronic media.		0
Outcome 3.6 - Recognize changing technologies and make informed choices about their appropriateness and use.		0
Standard 4 - Oral Communication Practice ethical and responsible oral communications appropriately to a variety of audiences and purposes.		
Outcome 4.1 - Identify and analyze the audience and purpose of any intended communication.		3
Outcome 4.2 - Gather, evaluate, select, and organize information for the communication.		3
Outcome 4.3 - Use language, techniques, and strategies appropriate to the audience and occasion.		3

Outcome 4.4 - Speak clearly and confidently, using the voice, volume, tone, and articulation appropriate to the audience and occasion.	3
Outcome 4.5 - Summarize, analyze, and evaluate oral communications and ask coherent questions as needed.	3
Outcome 4.6 - Use competent oral expression to initiate and sustain discussions.	3
Standard 5 - Critical Thinking Apply critical thinking skills to effectively address the challenges and solve problems.	
Outcome 5.1 - Identify and state problems, issues, arguments, and questions contained in a body of information.	3
Outcome 5.2 - Identify and analyze assumptions and underlying points of view relating to an issue or problem.	2
Outcome 5.3 - Formulate research questions that require descriptive and explanatory analyses.	3
Outcome 5.4 - Recognize and understand multiple modes of inquiry, including investigative methods based on observation and analysis.	3
Outcome 5.5 - Evaluate a problem, distinguishing between relevant and irrelevant facts, opinions, assumptions, issues, values, and biases through the use of appropriate evidence.	3
Outcome 5.6 - Apply problem-solving techniques and skills, including the rules of logic and logical sequence.	1
Outcome 5.7 - Synthesize information from various sources, drawing appropriate conclusions.	3
Outcome 5.8 - Communicate clearly and concisely the methods and results of logical reasoning.	1
Outcome 5.9 - Reflect upon and evaluate their thought processes, value system, and world views in comparison to those of others.	3
Standard 6 - Creativity Able to express originality through a variety of forms.	
Outcome 6.1: Generate responses to problems and challenges through intuition and non-linear thinking.	3
Outcome 6.2: Explore diverse approaches to solving a problem or addressing a challenge.	3
Outcome 6.3: Sustain engagement in activities without a preconceived purpose.	1
Outcome 6.4: Apply creative principles to discover and express new ideas.	2
Outcome 6.5: Demonstrate the ability to trust and follow one's instincts in the absence of external direction	3
Outcome 6.6: Build upon or adapt the ideas of others to create novel expressions or new solutions.	3

33. Additional Information